**<u>The course will run 3 times in 2023:</u>**

**Course 1: February 2nd-April 27th, 2023**
**Course 2: May 11th-August 3rd, 2023**
**Course 3: August 31st-November 27th, 2023**

**Course Description ~ Feed The Peds®:** A comprehensive 12-week course to becoming a pediatric feeding therapist that focuses on early development. Content taught includes: Normal Prenatal Development & Birth to 6 Months, 6 Months to 1 Year, 1-2 Years and Beyond, Assessment, Treatment, Tethered Oral Tissues, Orofacial Myofunctional Disorders, & Various Medical Complications (NICU, craniofacial disorders, neurological, cardiac and/or gastrointestinal issues, airway considerations), instrumental assessments and the IDDSI framework.

**Presenters:**

**Hallie Bulkin, MA, CCC-SLP, CMTTM, QOM, COM** is a Feeding Specialist, Certified Myofunctional Therapist and Speech-Language Pathologist. Hallie is the founder of Feed The Peds: A comprehensive 12-week course on the foundations of pediatric feeding and swallowing; The Myo Method: Intro To Myo Course, The CMT - Certified Myofunctional Therapist Certification; The Myo Membership; and the Untethered Podcast. Hallie also is the founder and director of Little Sprout Therapy a pediatric clinic providing feeding therapy, orofacial myofunctional therapy, speech-language therapy and occupational therapy in DC, MD, VA, FL, NY & NJ. Hallie specializes in treating infants, toddlers, children with tethered oral tissues (TOTs), feeding delays and disorders and orofacial myofunctional disorders (OMDs). When Hallie is not running her private practice or teaching and mentoring colleagues in the feeding, myo and private practice business world, you will find Hallie hanging with her family and furbaby.

**Fun fact:** Hallie and both her daughters were tongue and lip tied; received frenectomies and Hallie and her oldest both underwent expansion with growth appliances and Myo!

Financial Disclosure: Hallie receives compensation for creation and presentation of Feed The Peds® via Elevation Movement LLC. Hallie is also the owner of Little Sprout Therapy & Metro Myo, LLC for which she is compensated.

Non-Financial Disclosure:

- International Association of Orofacial Myology (IAOM): Member
- Foundation For Airway Health (FAH): Supporter

©2023 Feed The Peds® | www.FeedThePeds.com

**Ramya Kumar, MS, CCC-SLP, BCS-S, CNT, CBS, NTMTC, IBCLC** is a certified Speech Language Pathologist specializing in infant and pediatric feeding difficulties. She currently works in a Level III NICU and a local pediatrician's office in Arizona.

Ramya is passionate about creating long term developmental and mealtime successes for her patients and families. She is frequently involved in ongoing education and research in the field of Pediatric Feeding Difficulties and has presented at several local and national forums. With a commitment to whole body approaches and neurodevelopmentally supportive care, Ramya has taken coursework in trauma informed care, breast feeding medicine, orofacial myofunctional disorders, cranial sacral therapy and the Tummy Time Method to better serve her patients. Ramya's philosophy to patient care is deeply rooted in the belief that every patient - no matter how small, has a voice; and that families should be empowered to be active participants in their care plan.

Ramya is a Board Certified Specialist in Swallowing and Swallowing Disorders (BCS-S), a Certified Neonatal Therapist (CNT) and a Neonatal Developmental Care Specialist. She is also certified in Neonatal Touch and Massage, and is also an International Board Certified Lactation Consultant (IBCLC).

When she isn't at a conference or reading another article, Ramya learns and performs Indian classical dance and enjoys downtime with her husband and furry kid.

Financial Disclosure: Ramya is a presenter for Feed The Peds® and receives content creator and presenter fees via Elevation Movement LLC.

Non-Financial Disclosure: Ramya is a board member on the Neonatal Therapy National Certification Board, the communications chair for the International Association for Pediatric Feeding and Swallowing and on the communications committee of the American Board of Swallowing and Swallowing Disorders.

**Caitlin Sprouse, MS, OTR/L, CLC** has over 11 years of experience as a pediatric occupational therapist and feeding therapist. She has been working with children with autism and other developmental disabilities for over 17 years. She served as the Director of Outpatient Services at Trellis Services in Sparks, MD for 7 years prior to leaving in December 2020 to be home with her young family, homeschooling during the pandemic. In 2021, she launched her private practice, Three Little Birds Therapy, which provides speech and occupational therapy services to children in her community. Additionally, after navigating 3 complicated breastfeeding journeys with her own children, Caitlin became a Certified Lactation Counselor to support her passion for lactation and working with the mother-baby dyad.

Financial Disclosure: Caitlin is a presenter for Feed The Peds® and receives content creator and presenter fees via Elevation Movement LLC.

Non-Financial Disclosure: She has no relevant non-financial relationships to disclose.

ASHA CE
APPROVED PROVIDER

Elevation Movement, LLC

Introductory Level
4.05 ASHA CEUs

American Occupational Therapy Association
Approved Provider

This course is offered for 4.05 ASHA & AOTA CEUs

©2023 Feed The Peds® | www.FeedThePeds.com

*Feed the Peds® 12 Week Course Modules & Learning Objectives*

**Module 1: Normal Prenatal and B-6 (110 Minutes)**

**Description:** Take a look at what happens in the womb during the earliest developmental stage and how gross, fine and oral motor skills continue to develop in the newborn stage with an emphasis on how to approach breast versus bottle feeding.

**Learning Outcomes:**

Participants will:

- Identify 3 milestones in normal prenatal development
- Identify 3 milestones in typical oral motor development that occur from birth-6 months
- Identify 3 motor milestones in typical development ages birth-6 months
- Identify 2 milestones in typical diet progression that occur between birth and 6 months of age.

**Module 2: Normal development 6 months- 1 year (98 Minutes)**

**Description:** Understand normal gross, fine, and oral development of infants with special attention to postural prerequisites, the introduction of solids, and baby-led weaning.

**Learning Outcomes:**

Participants will:

- Identify 3 oral motor development milestones between ages 6-12 months
- Identify 3 Normal motor development milestones that occur between age 6-12 months
- Identify the age of Normal diet progression to purees, soft solids, and introduction of cup drinking during 6-12 month period

**Module 3: Normal Development 1 year-2 years+ (61 Minutes)**

**Description:** Determine normal gross, fine, and oral motor development of toddlers with a focus on feeding skill developments like utensil usage and adult-like rotary/diagonal chew.

**Learning Outcomes:**

Participants will:

- Identify 3 oral motor development milestones between ages 12-24 months
- Identify 3 Normal fine motor development milestones that occur between age 12-24 months
- Identify 3 normal gross motor development milestones that occur between ages 12-24 months

**Modules 1-3 Summative Case Study For Normal Development, Birth-24 Months (77 minutes)**

**Description:** Review of typical infant development videos, identify typical oral motor, gross motor, fine motor, sensory, and social emotional development from birth-24 months.

**Learning Outcomes:**
Participants will:

- Identify 2 typically developing motor milestones demonstrated in the case study
- Identify 2 typically developing social emotional milestones demonstrated in the case study
- Identify 2 typically developing oral motor milestones demonstrated in the case study

**Module 4: Assessment (121 Minutes)**
**Description:** Learn how to assess patients with pediatric feeding disorders using the Feed The Peds™ assessment forms created by our team of pediatric feeding experts

**Learning Outcomes:**
Participants will:

- Identify the 4 main areas of the Pediatric Feeding Difficulties diagnostic criteria
- Identify 3 areas of assessment to include in the evaluation of feeding difficulties in infants age birth-5 month
- Identify 3 areas of assessment to include in the evaluation of feeding difficulties in infants/toddlers ages 6 months +

©2023 Feed The Peds® | www.FeedThePeds.com

**Module 4: Assessment Case study (83 Minutes)**
**Learning Outcomes:**
Participants will:
- Identify 5 different atypical feeding skills during completion of infant assessment case study
- Identify 5 different atypical feeding skills during completion of older infant assessment case study

**Module 5 Treatment Part 1 (157 Minutes)**
**Description:** Discover where to start during your session with exercises, compensations, and modifications including thickening considerations and ways to prevent aversion.

**Learning Outcomes:**
Participants will:
- Identify 3 key steps in planning and setting up for treatment sessions
- Identify 3 intervention strategies to target the feeding skill domain
- Identify 3 members of an interdisciplinary/multidisciplinary feeding team

**Module 5 Treatment Part 1 Case Study (97 Minutes)**

**Learning Outcomes:**
Participants will:
- Identify 3 possible intervention strategies to target identified areas of need from older infant case study video
- Identify 2 outside referrals needed by the older infant in the case study
- Write 2 SMART goals for the older infant case study

**Module 6: Treatment Part 2 (114 Minutes)**
**Description:** Continue to learn about treatment with a special focus on sensory processing & autism spectrum disorders.

**Learning Outcomes:**
Participants will:
- Name 3 ways sensory processing disorders impact feeding skill development
- Identify 3 common sensory intervention strategies for pediatric feeding disorders
- Identify 3 intervention considerations when working with children with Autism Spectrum Disorders.

**Module 6 Treatment Part 2 Case Study (93 Minutes)**

**Learning Outcomes:**
Participants will:
- Identify 3 possible intervention strategies to address sensory feeding concerns
- Write 2 SMART goals for the case study

**Module 7 Tethered Oral Tissues (TOTs) (110 Minutes)**
**Description:** Learn to assess and treat TOTS with a comprehensive plan to address full-body impact, when to refer for a frenectomy, and protocols for your pre- and post- operative patients

**Learning Outcomes:**
Participants will
- Define 3 common terminology used when assessing and treating clients with tethered oral tissues
- Identify 3 common signs and symptoms of TOTs
- Identify 3 ways TOTs can impact feeding

**Module 7 TOTs Case Study (109 Minutes)**
**Learning Outcomes:**
Participants will:
- Identify 3 signs of tethered oral tissues in presented case study
- Identify 2 interventions to address tethered oral tissues

**Module 8 Myofunctional Disorders (104 Minutes)**

**Description:** Recognize abnormalities of the lip, tongue, and jaw along with the oral habits that can suggest such abnormalities and create responsive treatment plans.

**Learning Outcomes:**

Participants will:

- Defining Orofacial Myology & OMD's
- Identify 3 features of Correct Oral Rest Posture
- Identify 3 impacts of disordered breathing patterns on development
- Identify 3 Signs & Symptoms of OMD's
- Identify 3 ways OMD's impact Feeding

**Module 8 Myofunctional Disorders Case Study (131 Minutes)**

**Learning Outcomes:**

Participants will:

- Identify 3 interventions to promote stability for oral feeding in the NICU/NICU graduate population
- Identify 2 potential interventions to promote pleasure oral feeding and improve feeding efficiency and safety

**Module 9: Medical Complications Part 1 (159 Minutes)**

**Description:** Identify and address pediatric feeding needs with advanced issues such as prematurity, life in the NICU and Neonatal Abstinence Syndrome (NAS).

**Learning Outcomes:**

Participants will:

- Identify 3 signs of stress in NICU or at risk newborns
- Define the synactive theory of development and its importance in working in the NICU/NICU grad population
- Identify 3 intervention strategies to use in the NICU/NICU grad population
- Identify 3 intervention strategies to use in the NAS population

**Module 9 Medical Case Study: (111 Minutes)**

**Learning Outcomes:**

Participants will:

- Identify 3 interventions to promote stability for oral feeding in the NICU/NICU graduate population
- Identify 2 potential interventions to promote pleasure oral feeding and improve feeding efficiency and safety

**Module 10: Medical Complications Part 2 (94 Minutes)**

**Description:** Recognize and treat feeding complications with craniofacial disorders and various other syndromes.

**Learning Outcomes:**

Participants Will:

- Identify 3 different bottles that can be used to facilitate effective feeding in patients with Craniofacial Diagnosis
- Identify 3 different craniofacial diagnosis
- Identify 3 genetic syndromes that typically have associated feeding difficulties

**Module 10 Medical Complications Case Study: (110 Minutes)**

**Learning Outcomes:**

Participants will:

- Identify 3 interventions strategies for case study patient with complex medical history
- Identify 3 factors from the child's medical diagnosis which may directly impact their feeding

**Module 11: Medical Complications Part 3 (135 Minutes)**

**Description:** Learn about neurological, cardiac and/or gastrointestinal issues we need to be aware of when assessing and treating pediatric feeding patients.

**Learning Outcomes:**

Participants will:

- Identify 3 interventions to use with children with neurological conditions, high or low tine, or atypical motor patterns
- Identify 3 considerations for feeding interventions with children with cardiac diagnosis
- Identify 3 common gastrointestinal diagnosis and their impact on feeding

©2023 Feed The Peds® | www.FeedThePeds.com

**Module 11 Medical Complications Case Study: (125 Minutes)**
**Learning Outcomes:**
Participants will:

- Identify 3 interventions strategies for case study patient with complex medical history
- Identify 3 factors from the child's medical diagnosis which may directly impact their feeding

**Module 12 Medical Complications Part 4 (120 Minutes)**
**Description:** Understand airway considerations in our pediatric feeding cases, instrumental assessments and the IDDSI framework.

**Learning Outcomes:**
Participants Will:

- Identify 3 common pediatric airway diagnosis and considerations for treatment
- Identify 3 pros and cons for instrumental assessments of swallowing
- Discuss each level of IDDSI diet and provide an example for each level

**Module 12 Medical Complications Case Study: (122 Minutes)**

**Learning Outcomes:**
Participants will:

- Identify 3 interventions strategies for case study patient with complex medical history
- Identify 3 factors from the child's medical diagnosis which may directly impact their feeding

## THE ASHA CEU PROCESS & REQUIREMENTS

All 12 modules must be completed in their entirety over the 12 week course. Trainings (incl. case studies) are pre-recorded and released every Sunday. Case study reviews are live calls, typically held Thursday's at 8pm ET. They are recorded and uploaded to your Feed The Peds® portal for viewing for those who cannot attend live.

Upon completion, a survey and quiz are sent electronically via Kajabi and email. You must complete the survey and quiz at the same time and receive 80% accuracy on the quiz items to pass the course and receive a certificate of completion. The certificate of completion will be sent via email following a passing score (80% or higher). YOU MUST COMPLETE THIS WITHIN 7 DAYS OF THE LAST MODULE RELEASE DATE TO EARN ASHA CEUs.

**What happens after I sign up?**

Once your payment processes, you'll receive an email with information about accessing the course via Kajabi and gain exclusive access to our BONUS MODULES (not included in the continuing education hours).

Each week, you'll gain access to brand-new pre-recorded training sessions (released each Thursday 9pm ET) along with case studies and other supplemental materials so there's no risk of information overload. Case study Q&A calls take place live on Thursday's at 8pm ET, unless noted otherwise. If you cannot attend you may watch the recording for full credit.

Please note if any accommodations are needed to access the learning experience or resource materials, please email support@feedthepeds.com to discuss further.

©2023 Feed The Peds® | www.FeedThePeds.com

**Who can I contact with questions, concerns or complaints?**

For any questions, please reach out to support@feedthepeds.com

When taking online courses, Elevation Movement, LLC students are encouraged, at all times, to communicate their concerns and/or complaints to course creators and/or the administrative team by emailing support@feedthepeds.com. A more detailed policy can be provided upon request.